

Presented By



Hosted By



Volunteer Packet

Young People Who Care
2022 Summer Service Project
St. Rita Church
Sunday July 10 – Friday July 15

Applications Due
Monday April 25, 2022

High School Students

Entering junior year and 16 years old, through graduating seniors

Or

Entering at least freshman year and 14 or 15 years old and accompanied by a parent

Adults

At least 25 Years Old

See other qualifications within

Cost: \$250 per participant, \$50 less for each additional family member

Scholarships are available – do not let cost be the reason you do not attend

We are hoping for a group of about 15 Students and 5 Adults

Dear Participant,

I am very happy to be bringing this Summer Service Project to the parish of St. Rita and am thrilled that you are considering participating.

It will be an amazing week filled with the opportunity for hard work, meeting new friends, and growing in faith.

Young People Who Care (YPWC) has been hosting groups like ours for over forty years. The key to the success of this project is that YPWC invites us to participate, for one week, in the life that they live every day. One of the purposes of this Volunteer Packet is to let you know about this lifestyle so that if you choose to attend you can do so with a ready willingness to participate in this lifestyle.

The other purpose of this Volunteer Packet is to let you know the several steps necessary in order to participate.

Step 1)

Every participant must attend one Information Session with at least one parent.

These will last about 45 minutes and take place in Room #1, next to our Greeting Area

Sunday March 20, 11:30 am, after the 10:30 am Mass and

Sunday March 27 at 7:45 pm after Confirmation/Youth Group

Step 2)

Complete a Volunteer Application which are due, Monday April 25, 2022

These are available online or at the YPWC display in the greeting area.

Step 3)

Every participant must attend three preparation meetings

These will be scheduled once we have checked with everyone's availability.

Thank you so much for your interest. Please let me know any questions or concerns that you have along the way. 585-507-1433 or niven@dor.org

- Fr. Tim

Program Goals

To meet the various needs of the people of Clearfield County.

Projects may include but are not limited to: home renovation, building or repairing porches, and painting houses. working with the handicapped, assisting at our used clothing store or emergency shelter, visiting nursing homes and shut-ins, yard work, cleaning, work on the Retreat Center Grounds, as well as other similar services.

To develop Christian leadership skills and provide an experience of living in a Christian community.

This is accomplished through

- students working with the adult leaders to assist in organizing the jobs each day
- work on the job sites and interacting with the people of the area
- helping with meal preparations and clean up
- assisting in daily routine tasks at the Center
- planning evening prayer and reflection time, et cetera.

Building community with each other.

There will be recreational and other activities each day with this focus in mind. Exclusive relationships are a hindrance to this goal. Volunteers who come with very close friends are encouraged to spend time not only with their friends, but with others in the group. Dating and dating behavior is not a part of this program. There are appropriate settings and times for this, but in this week the focus is on interacting with and getting to know people from your own group and other groups instead of exclusive relationships.

Foster spiritual growth in volunteers.

Accomplished through

- daily morning and evening prayers
- times of reflection and sharing
- Mass at least once during the week
- other spiritual opportunities
- and through a simple lifestyle.

If you play a musical instrument such as guitar, flute, violin, etc., please bring it along. Music is a great addition to the prayer services and campfires.

Program Guidelines and Policies

This program challenges volunteers to live an alternative lifestyle. It is an opportunity to become aware of what it would be like to live without some of the luxuries, appliances, diet and conveniences that most of us are accustomed to having as part of our daily lives. We are not deprived of the necessities, just the luxuries. In order to have a brief experience of "doing without", as well as for many practical and globally responsible reasons, our program embraces a simple lifestyle which includes:

- No television, radios, MP3 players, hand-held electronic games, cell phones (except for adult leaders). Students' cell phones will be collected by their adult leader when they arrive at YPWC and will be returned for the trip home.
- Absence of soda/junk food: we do have homemade snacks for deserts and campfires. If there are snacks left over from the trip, these are removed from the cars and put in the kitchen until the return trip home. There is no food or drink allowed in the bunk houses.
- Recycling everything we can.
- Our water is from a well and so we have a limited water supply - this means one shower during the week. However, there is time for a swim each day in the river. The water is clean, warm and refreshing after the work day. Bring biodegradable soap and shampoo (Ivory or other brand) river shoes, and, for women, a modest 1-piece bathing suits.
- There are two bunk houses, one for women and one for men. These are situated on either side of the main retreat building.
- Jeans or work pants are worn on the job sites. Shorts, sweat pants, running pants or pants with holes are not work clothes. Bring work boots and gloves for construction jobs.
- The phone is a business phone and is only available for emergency use by volunteers. Group leaders need to arrange a phone tree that can be activated by one phone call.
- Illegal drug and alcohol use is strictly forbidden.
- There is no dating or dating behavior during the week. This allows for participants to be open building community with all the participants.

Please Be Aware that:

We want the week to be successful and positive for everybody. Any individual who causes a negative experience for others in the program through an unwillingness to follow the guidelines, disrespect to adult leaders, staff or other students, or involvement in any drug or alcohol use, will be sent home early. This would be done in cooperation with the student's parents and adult leaders.

Student Responsibilities:

- Work Projects each day.
- Attendance, with a positive spirit, at all meals and activities.
- Organized recreation, prayer times and other scheduled events.
- Assist with meals and cleanup and other chores as assigned.
- Assist in planning one evening prayer during the week.
- Follow the guidelines of the program and cooperate with those in leadership.

Our Program is for those willing to accept the challenges, responsibilities, and guidelines described above. Hundreds of high school and college students from across the US have found this Mission week to be an incredible, life-changing, exciting experience. They have learned new skills, ministered to wonderful people, made new friends, grown closer to God, and created memories that will last them a lifetime. We welcome you and look forward to meeting you! A sample schedule will give you an idea of what a typical day will look like. Please pay attention to the items on the packing list -especially a flashlight, river shoes, Ivory soap and shampoo, and drinking cup for brushing teeth. Prepare yourself for an adventure!!!

Accommodations: Bethany Youth Center consists of three buildings and 20 Acres of Land
Two Housing Units on either side of the Community Building.

Each Housing Unit has:

- Two bunk rooms which house 16-18 people.
- Two separate rooms that are either private or semi-private.
- Total sleeping accommodations in each Housing Unit is 38.
- The Facility sleeps 76 People.
- Gathering space can accommodate up to 250-300 People.

Recreational Space Includes:

- Camp Fire, Volleyball Net, open space for football or soccer, etc. as well as walking paths and meditative Stations of the Cross path.

Available Equipment includes:

- TV, VCR, CD/Tape Player, Key Board, Easel, Banner Stands, Sacramental Vessels for Liturgy and vestments, some sports equipment, board games and puzzles.

Service Program Packing List

During your stay, you will need some work clothes, some causal clothes, and at least one dressier outfit.

Work Clothes (Clothes for doing chores, painting, etc.)

sweatshirts, Jeans and/or other work pants,

Work gloves and a Hat, Boots for wet - muddy days, Old Shoes

and/or sneakers, Work boots for construction jobs

DO NOT BRING to use as work clothes: Old-shirts, sweaters, Pants with holes in them, “mussel shirts,” tank tops, pants that hang low on the hips, tops cut to low, skirts cut to high

Casual Clothes and Dress Clothes (For some service experiences, such as visiting residents at a nursing home, everyday wear and special occasions) Neat, Clean jeans or other pants such as khakis, dresses, dressier type sweatshirts, shirts and or sweaters, footwear.

DO NOT BRING to use as CASUAL/DRESS CLOTHES Low cut blouses/tops, Miniskirts/shorts, Midriff/Tube/Tank or Spaghetti String Tops, Baggy/holy pants. Clothes that hang too low or are cut to high!

Summer Items Light Weight Clothing, Modest Shorts, Water shoes for the River, Beach towels, Modest one (1) piece bathing suits for females, tasteful trunks for males, Bug Spray, and Sun block and Sun Hat, baseball caps and other hats for working outside, water bottles, NOTE: No participant will be allowed to swim in the river without water shoes that are closed at the toes and heels. These should be shoes “dedicated” to the river swim and not needed for everyday use.

DO NOT BRING for females, 2-piece suits

Personal Items/Toiletries: toothbrush, toothpaste, Biodegradable soap/shampoo (Ivory/Suave or other), flip-flops or similar for showers, drinking cup for use brushing teeth, Bible, stationary/notebook, stamps, journal, Battery clock, Flashlight, Games, Water bottle and wet ones for job sites, Bags for dirty laundry, \$ for T-shirts/Sweat shirts, Reading material for Quiet Hour

DO NOT BRING to use as personal items: Blow dryers, Curling irons, Smoking items, Radios, iPods, mp3, Personal DVD players, Personal Walkie Talkies, Cell phones for private use during week, or any form of personal/handheld game systems.

Other: You will need bedding, pillow, and towels: Sleeping bag and/or bedding, Sheets (if desired), Robe (if desired), Pillow, Night Wear (tasteful clothes to sleep in), Towels Musical Instruments, Sheet music (if needed for instruments or keyboard), Good CLEAN music (tapes/CD's) for prayer services, Chicken Soup for the Soul books or other spiritual reading material.

Information for Parents

Bethany Youth Center is a member of Young People Who Care, Inc., a nonprofit corporation, whose primary mission is meeting the needs of the poor in Clearfield County, PA.

Youth Director: Sr. Suzanne Thibault, C.A.

If you wish to send a note of encouragement to any volunteer during their volunteer time, please use Young People Who Care, Inc. ,P.O. Box 129 , Frenchville, PA 16836
All mail received after a volunteer departs will be returned to the sender.

If you need to call your son or daughter for emergency reasons, direct your call to our main office number: Bethany Youth Center: (814) 263-4177

If there is no answer or phone is busy, please use the secondary number:
Bethany Retreat Center (Adult): (814) 263-4855

One-week volunteers are not permitted to use our phone except for emergency reasons. The group leaders will be contacting you, the parents/guardian, to arrange a phone tree for when the group arrives at the Center.

Emergency Situation Information:

Should a student have to return home for a family emergency, the following information may be helpful to you:

Nearest Airports: Jefferson County Airport (US Airways) - 1 Hour away in DuBois, PA
University Park Airport -1 Hour away State College, PA
(Northwest Airlinck- US Airways Express -United Express)
Pittsburgh International Airport -3 Hours away

Nearest Bus Station: Fullington Trailways .a half hour away Clearfield, PA. (814) 765-1186

Nearest Train Station: Altoona, PA (AMTRAK) -1 Hour away